



ΑΝΑΠΤΥΞΙΑΚΗ ΤΡΙΚΑΛΩΝ ΑΝΑΠΤΥΞΙΑΚΗ ΑΝΩΝΥΜΗ ΕΤΑΙΡΙΑ Ο.Τ.Α.  
Ιωαννίνων 84, 422 00 Καλαμπάκα, Τηλ.: 2432 025370, Fax: 2432 025343  
e-mail: kenakap@kenakap.gr, Website: www.kenakap.gr

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**TO**  
**-LOCAL MEDIA-**

## **PRESS RELEASE**

**Trikala Development Agency (KENAKAP S.A.)** under the developing of transnational partnerships, participates as partner in a transnational **Lifelong Learning** project, named **«Big Foot»** and titled **«Crossing Generations, Crossing Mountains»**, and in cooperation with Primary and Secondary Education of Trikala Prefecture, paid visits in the Women Association of village Asproklisia (traditional sweets), in the pastry workshop of **Rombos** (traditional halvás) and in a local traditional **tsipouro spirit distillation** installation (Krinitsa village).

The **25** (15years old) students of the 1<sup>st</sup> Secondary School of Trikala and the **45** (12 years old) students of the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Primary Schools of Kalambaka came in contact with the **local gastronomy** and **traditional products** of the area, the **way of preparation** and their **development potentials**. The students discussed with the producers, contributed in the production process, learns the local recipies and exchanged experiences with the elder local residents.

The aim of the **«Big Foot»** project is to strength synergies and activities where people from different ages and walks of life work together to lift the phenomenon of social isolation of older people in rural areas, making them valuable resources transmitting knowledge, enhancing their self esteem and maintaining and enhancing, where possible, productive and regenerative capacity of the human resource base of rural areas.

Similar communication activities of 'elder' and 'young' will take place in the project and in other sessions such as: **a)** Popular culture - local customs and traditions - traditional crafts, **b)** Historical monuments - cultural heritage, **c)** Natural environment - wildlife - local flora / fauna and **d)** Rural tourism - nature tour.

For Trikala Development Agency (KENAKAP S.A.)  
Sakellariou Dimitrios  
Board President

